

What the hell are you talking about?

A series of workshops on better communication for care partners

With

Susan Macaulay, Dementia Care Coach, [My Alzheimer's Story](#)

Mike Good, Founder, [Together in This](#)

Workshop 1: It's On the Tip of My Tongue!

Worksheet 1

10 questions / discussion points

1. Was there a difference in your ability to listen and observe between the first video and the second video?
2. If there were differences in your ability to listen and observe, what do you attribute those differences to?
3. What were the differences between the two videos? What were the similarities between the two videos?
4. What emotions did you feel listening to the first video? What emotions did you feel listening to the second video?
5. Would you have guessed from Mom's appearance and demeanor in the first video that she would have been capable of making the observation she did in the second video?

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6. What do you remember from the first video? What do you remember from second video?

7. What words would you use to describe the first video? What words would you use to describe the second video?

8. What strategies did Susan use in both situations to create connection and communicate with Mom?

9. Did either of the videos suggest to you ways you might use to communicate differently with people with Alzheimer's disease or other kinds of dementia?

10. If yes, why, how and what are those ways?