

10 Dementia Detective Basics ‘Cheat Sheet’

The key to being a great dementia detective is to look beyond, behind and beside whatever appears to be going on at the time. It’s all about clear observations and common sense.

Here’s how:

1. Delete assumptions
2. Find “reliable” witnesses
3. Ask questions (W5 & H2O)
4. Recreate “crime scene”
5. Use your senses
6. Ask more questions
7. Listen carefully/critically
8. Re-examine “facts”
9. Consider motives
10. Look outside the box